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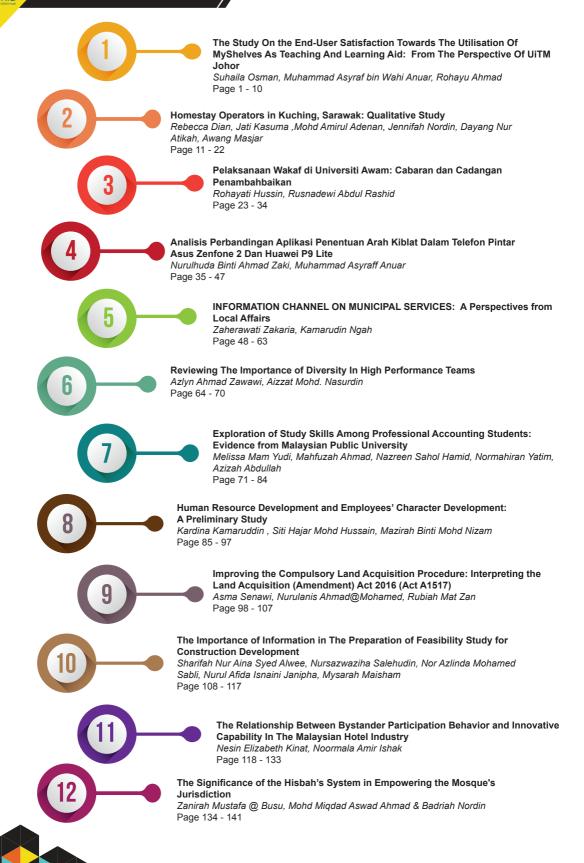
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# REVIEWING THE IMPORTANCE OF DIVERSITY IN HIGH PERFORMANCE TEAMS

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#### ABSTRACT

High performance teams are essential to organizational functioning and even more when the members are diverse in terms of background, knowledge and skills. Team diversity impacts team performance as it inculcates variation of ideas, induces creativity, stimulates brainstorming, and reduces stereotypes and group bias. Besides, with team diversity, team members are able to value differences in terms of members' background, views, and perspectives. Extant review of the literature suggests that diversity is pivotal to performance, thus, this paper aims to review the importance of team diversity on high performance teams. The concept of high performance teams is discussed in this paper, along with scholarly definition of team and team types. It is concluded that team diversity plays a critical role in the success of high performance teams.

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#### 1. Introduction

Team has extensively been defined by many authors in different studies. Agrawal (2012), asserted that teams are made of members who have similar goals and who constitute diversified skills and composition. Although team members possess similar understanding towards the team's direction, their skills and talents vary according to their experience and educational background. In support, Watson (2015) professed that a team consists of members who (1) share common goals with a combination of skills and experience, (2) have clear roles, and (3) affect the quality of work and the well-being of other team members. Earlier definitions of team cover aspects of complementary skills, common purpose, performance goals, and mutual accountability (Katzenbach, 1997). Similar contextual definition is provided by Natale, Libertella, and Edwards (1998), who defined team as a number of skilled individuals with a mutual accountability to commit (Natale et al., 1998). In addition, Stock (2004) described team as a collection of individuals connected interdependently through tasks and outcomes. Dessler (2005) defined team as "a group of people committed to a common purpose, set of performance goals and approach, for which team members hold themselves mutually accountable (p. 341)." Similarly, Salas, DiazGranados, Klein, et al. (2008) conceptualized teams as interdependent, having dynamic interactions, having common goals, and performing in a well-defined role and task structure.

In sum, a team consists of a blend of individual characteristics who have mutuality towards shared commitment and collective goals. In terms of roles and responsibili-



ties, the definitions suggest that the tasks accounted to the teams are clearly divided among members, in which each member will carry his or her own specified roles and responsibilities.

# 2. Literature review

# 2.1 Types of teams

Scholars have suggested different types of teams which have apparent similarities in their classifications. Cohen and Bailey (1997) identified four types of teams: work teams, parallel teams, project teams, and management teams. Work teams are characterized by continuous delivery of goods and services and a stable membership. They are either supervised or self-managed. A parallel team consists of members from different work units, who are provided with limited authority. They are often used for problem solving and improvement of oriented activities. On the other hand, a project team is multi-discipline and time-based. The team produces one-time output per project that is nonrepetitive in nature, and it applies knowledge actively in task activities. As for a management team, it is composed of skilled managers who are accountable for coordinating and integrating subunits. This team is responsible to help a firm achieve its competitive advantage.

The types of teams suggested by Stock (2004) pose a few similarities to the ones addressed by Cohen and Bailey (1997). Stock (2004) suggested three main types of teams: work teams, product development teams, and top management teams. In the same way, work teams produce goods and provide services. A product development team, on the other hand, is project-based with members drawn from functional units. A top management team consists of senior managers who deal with strategic tasks.

Another scholar, Dessler (2005), outlined a more elaborative categorization that consists of seven types of teams. These include suggestion teams, problem-solving teams, quality circle teams, venture teams, transnational teams, virtual teams, and self-managed/self-directed work teams. Suggestion teams are temporary as they work on short-term issues, whereas problem solving teams are more formal and semi-permanent. Quality circle teams comprise six to twelve trained employees who perform problem analysis and recommend solutions. Venture teams are small and semi-autonomous, often working to create and develop new ideas. Transnational teams consist of multinational members, with membership spanning across multiple countries. They tend to work on complex and important projects with an extreme variance of demographics. A more recent type would be virtual teams, who do not meet face to face and rely on the robustness of telecommunication and information technology. Virtual teams are often dispersed geographically and organizationally. The highest level of employee involvement is embedded in self-managed/self-directed work teams. Members in these teams are highly trained with an average size of six and eighteen members. They are fully responsible to turn out a well-defined segment of a finished work.

# 2.2 High performance teams

High performance team refers to a team that ensembles collective work product which reflects the joint and real contribution of team members (Katzenbach & Smith, 1993). It relates to the quality of interpersonal relationships, which is represented as a teamwork process-based construct (Dionne, Yammarino, Atwater, & Spangler, 2004). High performance teams are usually engaged in tasks and teamwork processes that are geared toward completing a task, particularly through



collective integration, synthesis, and sharing of information (Salas et al., 2008). Indirectly, teams pursuing high performance are seen as having the ability meet established quality, cost, and time objectives (Hoegl & Parboteeah, 2003). Often, teams asserted as being high in performance are manifested through team members' engagement of efforts that direct the team's ability to achieve shared goals and objective. Senior and Swailes (2004) proposed seven factors that influence teams with high performance; including team purpose, team organization, team leadership, team climate, interpersonal relations, team communications, and team composition. Savelsbergh et al. (2010) suggested that leadership behavior, goal clarity, and team learning behaviors are the three most important factors that influence performance. High performance teams are a result of collective effort and synergy.

Katzenbach and Smith (1993) pointed out that in building performance, high performance teams typically have three critical elements: established urgency, demanding performance standards, and direction. The tasks and goals of successful teams are performance-oriented and the teams are regularly challenged with new facts and information. Achieving performance also requires skillful members, effective first meetings, clear rules of behavior, new information to challenge the team, as well as feedback, recognition, and reward (Katzenbach & Smith, 1993). Concurring with the views of other scholars, Katzenbach and Smith (1993) stated that performance achievement may include collective work products that reflect the joint and real contribution of the team members. The amount of effort contributed to a task will sum up to the team's final performance.

# 2.3 The importance of diversity on high performance teams

Team diversity refers to the degree of difference between the characteristics of members in a team (Stock, 2004). These characteristics are attributed to the salient and nonsalient features of a team, such as gender, age, values, beliefs, and attitudes (Russo, 2012). Either way, in order for a team to perform successfully, both ends of team diversity must be achieved at an optimal level, in the sense that there must be a balance between members' homogeneity and heterogeneity in a team. Team members should not be too similar as it hinders creativity and at the same time it cannot be too dissimilar because too many differences may cause ineffective performance (Kozlowski & Bell, 2001).

In their study, Rico et al. (2010) claimed that a positive relationship between team diversity and team performance is important because teams must be highly diverse to allow different perspectives. Meanwhile, a lack of diversity can cause narrow perspectives which will hamper high performance teams (Rico et al., 2010). In addition, Guillaume, Dawson, Otaye-Ebede, Woods, and West (2015) suggested that there must be positive attitudes and mindsets towards team diversities in organizations so that members are aware of each other's differences and are able to use these diversities to achieve desired goals.

Wageman et al. (2005) claimed that teams with good distribution of diversity will consist of members who are neither too similar nor too different from one another. A sense of balance is important because too many similarities will only create duplication of ideas and resources, whereas too many differences will cause frictions in communication. In terms of tasks, diversity was found to be positively related to performance for complex tasks and negatively related for straightforward tasks (Higgs et al., 2005). This means that team diversity is also influenced by the nature of tasks. This may be explained by the needs to have diverse ideas in accomplishing



difficult tasks and vice-versa. In addition, Jehn et al. (1999) established that for teams to achieve its mission, members should have a good mixture of information and value diversity. Information diversity refers to the different educational background of team members, while value diversity refers to the work ethics and team goals (Jehn et al., 1999).

Team diversity induces creativity and stimulates brainstorming, as diversity will prevent 'groupthink' that hinders performance (Gates & Mark, 2012; Schilpzand et al., 2011; Dreachslin et al., 2000). As asserted by Higgs et al. (2005), when team members have different thoughts or perspectives, these differences when combined, are able to generate ideas and new solutions to solve conflicts and challenges. Hence, through this way, stereotypes and biasness can be reduced. Nevertheless, Dreachslin et al. (2000) professed that diversity needs to be properly designed and trained for teams to reach optimal performance. A strategic design for team diversity needs to be done so that team members and leaders can value differences in terms of background and perspectives. Diversity can be a great source for team spirit which can increase performance (AONE, 2007).

Team diversity refers to an appropriate array of team membership, in which team members must not be too similar or too different from each other to achieve team goals (Wageman et al., 2005). For instance, there is evidence of high diversity having a positive impact on high performance teams despite the differences (see Rico et al., 2010). Horwitz and Horwitz (2007) found a positive relationship between team diversity and team performance; a high task-related diversity will create better pursuit for performance. However, Schippers et al. (2003) and Russo (2012) professed that a less diverse team is more inclined to experience greater team performance, while a highly diverse team will usually have lower team performance. Most scholars agreed that team members must not be too similar or too different from one another, and team diversity must suit the types of team and the types of tasks in which the team is engaged (Higgs et al., 2005; Jehn et al., 1999).

#### 3.0 Methodology

This paper is a conceptual review, written based on available literature in the context of team performance.

#### 4.0 Discussion and Conclusion

It is evident that team diversity must be engaged properly because it can be a benefit and a challenge to the team's functioning (DeSivilya & Raz, 2015). In making collective decisions, team members will generate different ideas which need to be managed efficiently to ensure smooth task execution. Undoubtedly team diversity provides variation in the working environment but the element needs to be encouraged and nurtured into the minds of team members so that they are aware of its benefits.

In teams, members must be able to work with each other by making best use of each other's' experiences and characteristics. In this instance, team diversity is important as to ensure that team members have the best mixture of individual attributes that may lead teams to higher performance (Wageman et al., 2005). Team diversity is important because it can reduce stereotypes and biasness (AONE, 2007; Dreachslin et al., 2000). Team diversity induces creativity and stimulates brainstorming, as diversity will prevent 'groupthink' that hinders performance (Gates & Mark, 2012; Schilpzand et al., 2011; Dreachslin et al., 2000). As asserted by Higgs et al. (2005), when team members have different thoughts or perspectives, these differences when combined, are



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